

Your Sexual Orientation



You obtained a score of 90% for Pansexual, which falls on the spectrum of allosexuality

Allosexuality describes individuals who experience sexual attraction. Allosexual individuals feel a desire for sexual connection or intimacy, and their orientation can be directed toward people of the different gender (heterosexual), same gender (Homosexual), or across multiple genders (bisexual, pansexual). Allosexuality is an umbrella term encompassing a variety of sexual orientations, and the nature of attraction can vary widely among individuals. Being allosexual and not heterosexual can come with pressure to come out — but you owe no one your identity. There's no timeline or rule. Your comfort and safety come first.



Pansexual

Based on your responses, you seem to align with a pansexual identity, meaning you experience sexual attraction to people regardless of their gender identity. For pansexual individuals, gender is often irrelevant when forming connections, and you may be attracted to people based on personality, emotional connection, or other factors beyond gender. You might find that you are drawn to individuals regardless of whether they identify as male, female, non-binary, or another gender. This wide spectrum of attraction allows you to connect deeply with people based on who they are, without a focus on gender categories.

Your attraction transcends traditional gender boundaries and focuses on the individual person rather than their gender presentation. There's no limitation based on gender identity - you're capable of developing sexual and romantic feelings for anyone whose personality, energy, or individual qualities resonate with you. This doesn't mean you're attracted to everyone you meet, as you still have personal preferences, types, and individual chemistry requirements. Rather, gender simply isn't one of the filtering criteria your mind uses when determining attraction.

Pansexual



90%

Your Relationships

Being pansexual doesn't mean you're more promiscuous, unable to commit, or attracted to literally everyone. These are common misconceptions that can be harmful. Pansexual people are just as capable of monogamy, deep emotional connections, and selective attraction as anyone else. Your sexuality is about the potential for attraction across all gender identities, not about being indiscriminate in your attractions.

An important distinction from bisexuality is that while bisexual people experience attraction to more than one gender, pansexual people often describe their attraction as being "gender-blind" - meaning gender doesn't factor into the attraction at all. Some people use these terms interchangeably, while others feel one label fits their experience better than the other. The choice between these labels often comes down to personal preference and how you experience your own attraction patterns.

Pansexuality naturally includes attraction to transgender and non-binary individuals, making it an inherently inclusive orientation. You might find that you're drawn to people based on their personality, sense of humor, intelligence, kindness, or physical characteristics that aren't specifically gendered. This can feel liberating as it opens up connections based purely on individual compatibility rather than gender-based limitations.

What This Means for You

Pansexuality encompasses a broad range of experiences, and being part of LGBTQ+ communities may offer support and understanding. Your identity may continue to evolve, and it's important to recognize that your attraction patterns are valid. Pansexuality expands the boundaries of attraction beyond gender, focusing more on the individual, and if you resonate with this identity, you may feel liberated by your ability to connect with people across the gender spectrum.

Further Resources

It can be confusing to navigate so we're attaching some resources here as well.

[GLAAD - Pansexual](#) - Clear definitions and explanations

[The Trevor Project](#) - Understanding Pansexuality - Comprehensive guide for young people

[PFLAG - Pansexual Resources](#) - Support for families and individuals

[Reddit r/pansexual](#) - Active community for discussion and support